

December 2023



# Season's Greetings

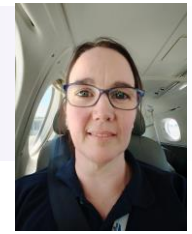


*Photo Credit Whangārei Flight Team*

College of Air and Surface Transport Nurses  
Section of the New Zealand Nurses Organisation



[www.nzno.org.nz/groups/sections/flightnurses](http://www.nzno.org.nz/groups/sections/flightnurses)



Kia ora koutou katoa,

Welcome to the December edition of the COASTN emag. DECEMBER!!! Just crazy to think 2023 is almost over! I hope you've all had a chance to get that Christmas shopping done, and that you all have some downtime planned over the silly season to rest and recharge with those nearest and dearest.

I must admit the December edition has snuck up on me this time. I was sure I had a few more weeks, but no here we are! Apologies for the late notice for articles, and thank you so much for getting them to me so fast.

This edition we have photos and reflections from the recent successful Symposium held in Napier by Jackie and her team.

Also we introduce our newest recipient of the COASTN award for Outstanding Achievement in Transport Nursing Aotearoa – Congratulations Kelvin Still, you can read about his impressive flight nurse journey.

The 2024 symposium planning is underway this time a joint venture between COASTN and ANA which should make for a great conference in September – see the save the date for details.

I hope you all have a Happy Christmas, and that 2024 is a year of success.

As always, I need your stories, case studies, photos – please forward these to me at any time – The emag is published 3 times per year, the next due out in April 2024, so be sure to get some spectacular summer scenes when you are out flying. [tania.parr@nmdhb.govt.nz](mailto:tania.parr@nmdhb.govt.nz)

Ngā Mihi

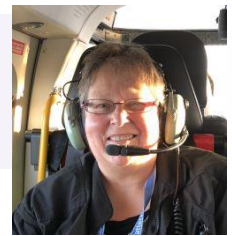
Tania



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What a quick year this has seemed, hard to believe we are nearing another Christmas.

Our AGM was held as part of our symposium in Napier at the end of November and as we had no vacancies we have the same committee as last year; however we are aware that we are going to have some vacancies at our next AGM so please consider who could represent your region on the committee. We are keen to have representation from as many areas as possible and to also represent as many of the differing services we can.

The CRM day and symposium was both educational and inspiring. It was good to refresh ourselves on the CRM information and we had some great presenters who kept the participants engaged throughout. The symposium day covered many aspects of the Hawkes Bay cyclone disaster work and gave us a small insight into what the region went through and what the amazing people who responded had to deal with. What an incredible and resilient group of people. It was great to get a wide view of how different services worked to provide the care needed. Thanks to Jackie and her team in Hawkes Bay for the incredible amount of work they have put in to make it such a success. Our thanks also go out to our sponsors but especially Skyline who provided a venue and catering for our committee for our meeting prior and put on a cocktail evening at the hanger for the symposium participants. It was much appreciated and enjoyed by all who attended.

We are looking at changing our logo and we have approached some people to help us with this, once we have a draft design, we will get it out to members for comment which will probably be early in the new year.

The aeromedical course will take place in February and the candidates have been notified of their acceptance in the course, as usual we had more applications than places, so it is great to see that the course continues to be held in high regard. Taz who has done an amazing job of running the course is planning on stepping down following the next course. We have an advertisement on our website for a new coordinator, so if you are looking for a new challenge get your applications in, the applications close on 15<sup>th</sup> March 2024. You do not need to be based in Auckland as the role can be undertaken from any area, we are also exploring options about where is the best place to hold the course going forward.

The COASTN outstanding nurse achievement in transport nursing Aotearoa award was awarded to Kelvin Still nominated by the Hawkes Bay team. Kelvin is now working in Christchurch. He was a worthy winner, and we congratulate him on his award.

We were pleased to be able to meet with Jon Gauspet who leads the ACP work, he listened to our concerns and as a result of the meeting we now have two COASTN representatives on the committee, Avryl and Tania will represent us well and will make sure that the nursing voice is heard in future services changes.

Finally, a huge thank you to the committee for the commitment to COASTN and the extra work you have taken on in your roles on the committee. Also, a very grateful thank you to Annie our PNA who tirelessly keeps us on track and keeps us up to date on NZNO matters.

Wishing you all a Merry Christmas and a prosperous 2024. For those of you who are getting a break, have a wonderful and well-deserved holiday, for those who are working through, thank you, your work is valued and lifechanging.

Yours in Transport

Lynette Will COASTN Chair

## Symposium 2023

The 2023 COASTN Symposium was well attended by Flight Nurses from Whangarei to Dunedin and in between, we also had a Flight Nurse Practitioner attend from RFDS Queensland Australia, Anaesthetic Technicians and Critical Care Paramedics.

The first day on Crew Resource Management (CRM) was well received and very informative, Dave Greenburg gave a very informative presentation on CRM, he drew upon his wealth of experience with real life examples to keep us entertained for a subject that can be sometimes a bit dry. Jim Finlayson from CAA was probably a bit too informative and had put the fear of God (alias lithium batteries) in all of us that fly. The video of a lithium battery igniting in the cabin hold of an aircraft, and the rapid spread of the fire, toxic fumes and subsequent aircraft crashing into the ocean really brought it home about the impact that lithium batteries can have. Jon Gaupset gave an update on Aeromedical Commissioning Program and the associated structure change within the Ambulance Group under Te Whatu Ora. Rose Gilbert gave us a Flight Nurses perspective of CRM.

The keynote speaker Korrin Barrett - a quadruple amputee depicted the theme Recovery and Resilience in its true essence. The below is a Testimonial from Tim Cox, Hawkes Bay Flight Nurse;



*"We were very pleased to have Korrin speak to us about her life experiences so far. Our first taster of what was to come, came from how she picked up her glass to drink from, very unique. I found her story to be shocking, surprising and encouraged by her story of struggle, joy, hardship and overcoming. Her strength to work through issues from no fault of her own and desire to motivate others for when days seem darkest or even impossible. A true NZ battler with a support crew just as she needed it!"*

The day was followed by Drinks and Canapes at NZAAS Hanger with transport organised from the Napier War Memorial to the NZAAS in the Art Deco bus, the volume and laughter was somewhat louder on the return!



The 2<sup>nd</sup> day – started somewhat earlier and I believe with a few ‘fatigued’ flight nurses. There was a broad range of speakers talking about the impact of Cyclone Gabrielle in the morning. From our Clinical Director Ross Freebairn and his informative talk on meteorology and its specific impact on the Hawkes Bay region, Consumer Engagement Lead, Penita Davies and her experiences in the provision of culturally appropriate response in times of devastation. Sharon Payne, Nurse Practitioner and the utilisation of her skills during the Cyclone recovery period and her ability to think outside the box. We had Denal Meihana, Adviser Community Readiness Fire and Emergency Services and his insight into his community and use of humour as he tackled various situations and his new found awareness of the skills that were available in his community.

Patrick Noiseux, Incident Controller for Police SAR, had many of us in tears and left us in awe of what he was able to achieve at Pakowhai with the rising flood waters and near-death experience.

Three Hawkes Bay Flight Nurses spoke about their personnel experiences during and post Cyclone Gabrielle. We had Hawkes Bay Helicopter Rescue Trust paramedic Cornelius talk about the jobs they did and some of the experiences and sights that he saw. Major Little was able to provide insight into the NZDF response to disasters. The common theme being no communication, many things are taken for granted in this day and age and the expectation that you can just pick up a phone or send a text to anybody at any time is one of them.

The afternoon was filled with more specific Flight Nurse content from the history and use of Anaesthetic Techs for flight, ECMO transfers to decision making on NICU transfers. Hayden Wilson, from the RFDS spoke about his role as a Nurse Practitioner and how it can be utilised in the retrieval and prehospital space. Personally, I can see a real use for this in Hawkes Bay.



The food was good, venue was in a great location and the sun shone in Hawkes Bay for the Thursday, Friday was a little bit different weather wise. It was a great opportunity to catch up with colleagues, meet people face to face and network. COASTN 2023 Symposium was a great success. ( Written by Jackie Hardy)



## 2023 COASTN Symposium Reflection

I want to thank the COASTN Committee for the scholarship to attend the two day symposium entitled, “Soaring to Clearer Skies: Recovery and Resilience” in Te Matau a Maui, Hawke’s Bay. It was an absolute privilege to hear speakers from around the country and Australia share their experiences and knowledge, but the stories from Cyclone Gabrielle were eye opening and heart wrenching.

The first day was sobering to hear many speakers talk about human error. Good communication, following standard operating procedures (SOPs), doing the same thing in the same order as much as possible is a good way to avoid human error. I appreciated people sharing their mistakes where there was a misunderstanding or a distraction. As a recovering perfectionist, it was good to hear we need to have grace for others, and ourselves but strive to put the best systems in place to avoid the same error happening again. Korrin Barrett, NZ’s Bionic Woman, gave a moving presentation about her experience with having sepsis, being misdiagnosed, having multiple amputations, and recovering. She is now a woman who gives so much hope and inspiration to others and has a rockin’ wine glass holder.

We had a wonderful reception from Skyline at the picturesque Hawke’s Bay Airport. It was great to tour the beautiful Cessna Citation Sovereign plane that travels overseas. The simulation room for the pilots was great to see as well. I really enjoyed networking with aeromedical people from all over the country and hearing how their service works.

The second day was packed full of Hawke’s Bay professionals sharing their experiences from Cyclone Gabrielle. The nurses, an NP, a doctor, a speaker from the Awhine Response Team, an anaesthetic tech, a chief fire officer, a policeman, and a paramedic all gave a snippet of what they did after the cyclone hit in the middle of the night in February 2023 and how they managed without cell phone and internet connections. We were moved to hear about a family who was caught in the flooding, washed away, and then saved by 3 policemen and a digger showing up at the right time and right place. There were many lessons learned, but the stories of communities coming together were inspiring. Nine months later, the devastation is still visible. There is still a lot of work to be done, but the communities now have a tight bond and will continue to work together.

I enjoyed hearing about the Royal Flying Doctor’s Service in Australia trialling the use of NPs, Starship’s New Zealand Air Ambulance Service for transporting paediatric patients on ECMO, and a flight nurse’s personal experience about retrieving premature twins in a rural setting. Flight nurses are really amazing!

A takeaway is I will be more diligent in going through a passenger’s belongings or asking about dangerous goods after watching a video of exploding vapes.

Thank you again for this amazing opportunity to network and learn about how the flight service is running all over Aotearoa. Thank you COASTN Committee!

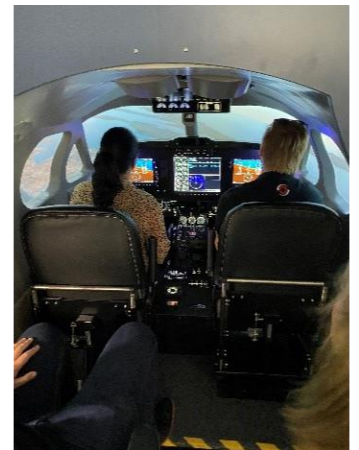
Alicia Osland  
Dunedin



Kia Ora from the teams at New Zealand Air Ambulance Service as we reflect on another year of flying unwell and injured patients around Aotearoa, the pacific and worldwide. We often receive touching feedback from our patients and their whanau that serves as reminder of the importance of the work that we do, and the impact that we have on the lives of people that we care for during what is undoubtedly a difficult time in their lives.

Thanks to the COASTN committee, Jackie, and the HB flight team for organising a successful symposium in Napier. Day one CRM was a great refresher, I especially enjoyed the presentation around dangerous goods carriage – a timely reminder of the less visible items that have the potential to put a flight and passengers at risk including the very popular vape devices that lurk in pockets and luggage! Day two was filled with highlights from COASTN members and invited guests, too many outstanding presentations and such a variety to focus on one or two only.

NZAAS hosted the symposium evening function at our Napier FBO with canapes and a selection of beer and local wines. The social function was an enjoyable occasion to get together with colleagues from other flight services and catch up on the past year and share stories with friends old and new. All had the opportunity to look through the Napier FBO facility and jet and those who were keen to had time to the try their skills in the cockpit took the King Air B200 for a quick fly in the SIM.



Wishing you all a safe and happy festive season.

Angela and the team at NZAAS.

## Whangārei Flight Team

Kia ora from the north!

This year has been a busy one for the Whangārei ICU team. Kolby's return from the USA has bolstered our flight nurse numbers. Jason and Kirsta-Lee have completed the 2023 COASTN Flight Course, braving Huet and the weather. This has seen a consolidation of their knowledge and new ideas shared amongst the team.



The creation and embedding of the flight nurse only transfer service has started reducing barriers to accessing healthcare services for those in the top of New Zealand. This service has expanded our nursing flight hours considerably, not only resulting in an increase in sunrises, and other incredible views but also flight miles.



We have undertaken several longer repatriations, including fleeting visits to Wellington, Rotorua, and Tauranga alongside frequent transfers from Kaitiāia to angio suites in both Whangārei and Auckland.

The commencement of this service aligns with the Aeromedical commissioning programme as we remain passionate about ensuring that access inequalities are confronted. The availability of the fixed wing service has bought with it a further road transfer option, with a Patient Transfer Service. This has improved our ability to transfer patients across Northland, as the increased number of assets has reduced the competition with primary tasking.



The arrival of cruise ships back into the Bay of Islands has bought about an exciting retrieval. As the referral was received from the medical staff aboard the cruiseliner for an intubated and ventilated patient, logistics and planning began. As the retrieval occurred by

road, it was imperative to ensure we had all the equipment and resources required given a beachside handover was about to take place. Meeting the expansive escort team as they

bought the patient ashore, our team of three stood apprehensive. With concentrations converted, equipment transferred over, and privacy maintained, our beachside retrieval occurred without a hitch. A great reminder of why we become transport nurses!

Wishing you all a Merry Christmas and relaxing festive period.



## Waikato Flight Team

As we wrap up for 2023 in the Waikato, we have seen some of the final personal and equipment changes coming into our unit. We said a sad goodbye to Nikki Morrow who has been on the team for too many years to count and most recently been the nurse in charge of our team, Nikki is off to explore a new part of critical care as a PAR nurse. Nikki's shoes have been filled by Melissa who is fortunate to be galivanting around Europe currently on a well-deserved break. We have also said goodbye to Arnica, Jill, and Janeen who are now focusing their attention towards other exciting areas of the unit. We have also welcomed four new members to our team and are quickly trying to get them orientated, to fill our current deficits.

At the end of October, we held out yearly team day, where we recertified our fitness to fly. This was a great day where we all finally got to see/orientate to the new H145 Helicopter that is now our primary aircraft and much more spacious than the BK117. It has much better air-conditioning thankfully, for those hot summer days to come. We also got to train with the new fixed wing aircraft from life-flight which is replacing the MU2 also known as the bumble bee which saw its last flight early November.

With new aircraft comes new equipment, our aerolite stretcher arrived late November and is almost ready to go just waiting for the mattress to arrive. We had a good look at our prototype packs from Neann, and these are now signed off and we are eagerly awaiting their arrival.

We were fortunate to be able to send Ambrosia to the COASTN Aeromedical retrieval course this year – she had some great feedback to share with us especially around CRM. I am fortunate to be able to go to the 2024 course and cannot wait to see what I can take away and bring back to the team.

With 2024 only a few weeks away we are looking forward to seeing what the year will bring, with some potential changes to the structure of the team and how we organise retrievals within the Te Manawa Taki region, after the recent appointment of a regional transport director and co-ordinator, but for now it's business as usual.

Wishing you and your families a safe and happy holidays

Jordan and the Waikato ICU transport team.



## Life Flight Wellington - Te Whanga-nui-a-Tara

Wellington has had a very busy quarter for our service.

We have had the last year getting used to our “new” King Airs, since LFA was first flown by Luke from Sydney one extremely windy day in Wellington. Karyn Hathaway board Member for life Flight (who many will remember), Helena (Crew) and Luke (Pilot) had the opportunity of appearing on 7 sharp to lift their profile within our region.

We have recently had to complete 4 bariatric transfers over 210kg – 2 of these patients ventilated. The hoist system certainly makes loading and unloading much safer from an occupational health and safety point of view. We just need to ensure staff are very focused on entry and exit from the door and that pins are engaged when they need to be. Good CRM practice. We are still refining exactly where items such as oxygen bottles are placed for these patients. The most challenging part of the process is obtaining accurate weights and widths initially and the patients’ transport on the ambulance stretcher. As the King Air litter, coupled with stretcher mattress is a little top heavy and makes everyone a bit nervous. Cabin room is a little more at a premium than our Jetstreams. I don’t complain being only 5 ft but some of my taller colleagues are closer to their workmates than they used to be.



See our submissions in the mag about our missing Pilot from Hood Aerodrome and my reflections on attendance of the RFDS/MedSTAR Learning Hub recently conjointly with the Aeromed Conference, Adelaide this September.



Nikki Joseph , ACNM Flight Coordinator/Flight Nurse  
Capital and Coast and Hutt Valley

## New Zealand Flying Doctors Service – Nelson/Whakatū

Kia Ora from Nelson,

Phew! It's been a busy year! Seems like demand for Inter Hospital Transport in the Top of the South is just increasing all the time! Our team of 9 flight nurses have all been doing such a great job getting patients where they need to go. Recently we celebrated the achievements of our flight nurses, some who have been flying for 13-14 years, one of which has completed over 1300 patient transfers. We had seen other flight teams have wings badges for their nurses for completed missions, so have sourced some to acknowledge the work that has been done over the years.

We held our annual flight nurse/midwife training/refresher days in October at the hangar. Having a refresh on health and safety, and scenarios, with the ability to talk over situations with colleagues on how best to manage a situation when you are on your own in the air. We had some interesting role playing with some of the maternity scenarios as can be seen in the photos.



Pictured Left: Flight RN Roo assists with a neonatal resus with Flight midwife Sekita-Ra.

Pictured Right: Flight coordinator Lara gives birth with a smile on her face mid-flight with Wairau Flight midwife Derryn.



Pictured above is FDT our long-awaited new King Air 200 which has finally arrived in Nelson, and has done its first mission on the 12<sup>th</sup> December. We are looking to officially welcome the new plane at a function with the NZFDS Trust in February.

Wishing you all a safe and happy Christmas.

## New Zealand Flying Doctors Service – Christchurch/Ōtautahi

Kia ora from Christchurch!

It has been another busy term of service for our team.

Three of our nurses were fortunate enough to attend the Aeromedical Retrieval Conference in Adelaide in September. This was an incredibly interesting insight into the aeromedical world, and great to see how our Australian colleagues operate. We are really excited that the conference will be hosted in Christchurch in 2024 and hope to see heaps of you there.

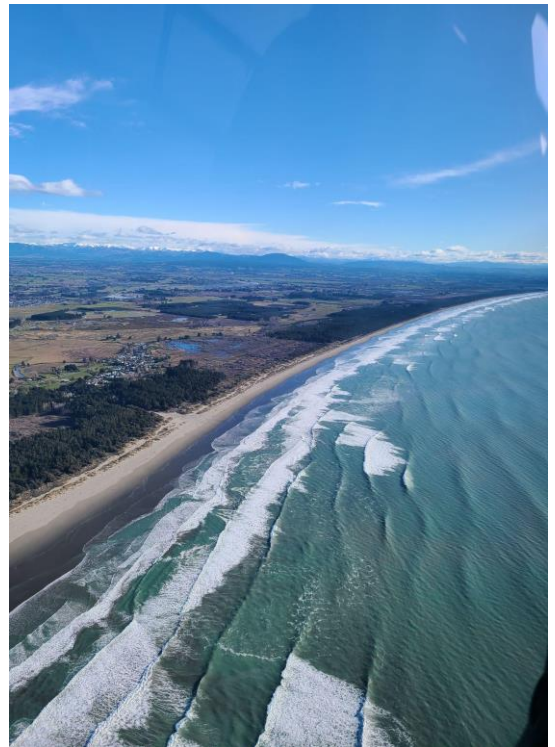
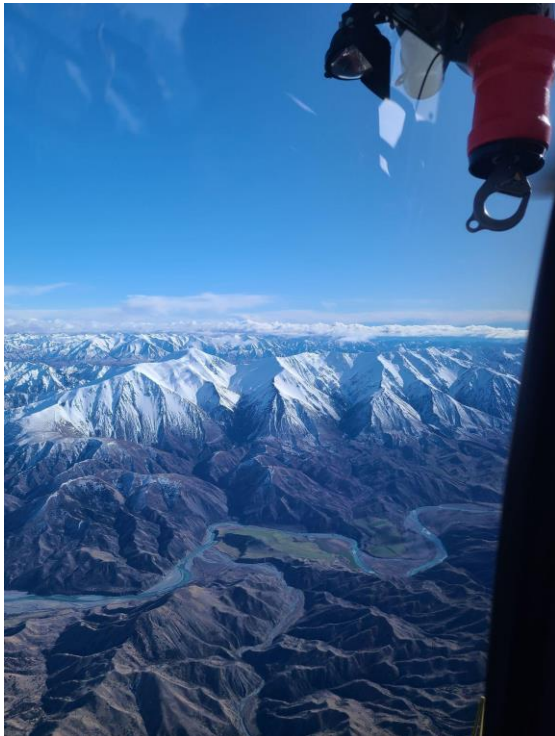
Two nurses also attended the COASTN Symposium in November and came back with lots of interesting information and food for thought from the sessions there.

Back at home:

- We are currently trialling a change to our afternoon shift times and hope to have some feedback on how this has impacted the service soon.
- Some small but critical pieces of new kit have been added to our packs, like adaptors that mean our ventilator hosing can (should) connect to all the different types of oxygen port outlets across the country, and temperature monitoring cables mean we are now able to continuously monitor temperature.
- Our flight documentation has had an upgrade (still paper though! That's another project for the future....) and our policies and protocols are next on the list for review.

Wishing everyone happy flying over the silly season and summer.

CARS team



Pics: Gotta love the heli jobs on a fine day for getting some great photos. These were from a heli job from CHCH to Blenheim.

## 2023 COASTN Flight Course Reflection

In April this year I was fortunate enough to attend the five-day COASTN Aeromedical Retrieval Course held in Auckland, coordinated by Taz.

Having joined the Whangārei flight team in 2021, until recently, the primary mode of aircraft was a Sikorsky, unless the winterless North provided a road transfer. With NZAAS venturing into Northland, the opportunity to remove transport barriers via a fixed wing had emerged. I looked to expand my aeromedical nursing knowledge, sought to understand the variances between fixed wing and rotary theory and gain practical exposure. The thought of completing a day of survival skills, simulations and tackling the Huet was however fear-provoking. I looked to not only expand my knowledge, but share this new understanding

with the team.



Listening to a variety of presenters, each with vast knowledge and experience left me feeling inspired. Speakers from varied walks of aeromedical life, whether a fixed wing or rotary pilot, NICU, PICU, International or Defence Force flight nurse, paramedic, or CRM extraordinaire shared their know how and understanding. The COASTN flight course not only provided a significant gain in theory, but the opportunity to spend five days with

a number of national and international flight nurses. This was invaluable, and emphasized the personal growth I could achieve. Building connections across various flight services provided an opportunity to explore how different services carry out similar tasks, reflect and compare.

The Huet, Survival skill day and fixed wing simulations were the highlight of the week. Having absorbed the theory, these days enabled me to feel the fear of needing to survive with just a flint and moistened forest bed or single breath of air. Putting into place the theory of flying fixed wing, communicating with team members I hadn't met before, and adapting to changes as simulations required were a positive end to a great week.

The COASTN flight course exceeded my expectations in giving me a greater awareness of the aeromedical sector, an understanding of the retrieval services around the country and Australia, and an appreciation of the multifaceted environment we work in.

Kirsta-Lee Harris, Whangārei ICU Flight Team



## 2023 Aeromed Australasia Flight Conference

In September 2023 I attended the Aeromed Australasia Adelaide Flight Conference. On offer, was a chance to attend the RFDS/MedStar Learning Hub. An opportunity I jumped at last minute.

Both centres were very swish, 5 minutes walk between each other. RFDS is well...RFDS and MEDStar is the South Australian equivalent of St John Ambulance. I think Ian from Life Flight Wellington, Di Fuller and myself were one of the few of the New Zealand contingent who attended. I had to explain more



than once that our flight times were generally only ½ an hour to an hour (unless we do a Gisborne job or an Auckland to Christchurch transfer), that we hardly ever do tarmac handovers (they do a lot due to their extended flight times), we also don't generally need to worry about our patients overheating (not in Wellington anyway). We also don't have a lot of desert strips we can just land on!?

Having registered late I didn't get exactly the pick of the SIMs I would have liked. Hot tip: if anyone has the opportunity to go in the future - register early! Despite this, every scenario was worthwhile even the pre hospital SIMs such as Extrication skills - Upside Down Car (included a lot of actual firemen, one ran off to get a fire jacket for me as he could see I was cold) and Roadside Trauma packaging or Awake Fibre Optic Intubation - the burns manikin even had singed mucosa and carbonaceous deposits! The MedSTAR SIM kit/suite was impressive, as well as their PC 12s in RFDS's sizable hanger.

Other SIMs I had opportunity to be involved in were:

- Fixed Wing Deterioration – Double Carry
- Packaging Babies for Generalists
- Fixed Wing Birth in Flight
- Packaging Children for Generalists
- Human Factors Scenario
- Paediatric Skill – Ventilation tips and tricks
- Rotary SIM Seizing patient
- RFDS/MedSTAR Adelaide Base Tour





Many thanks to Capital and Coast for funding attendance for this event

Nikki Joseph  
ACNM Flight coordinator and Flight Nurse  
Capital and Coast



## COASTN Award 2023



***COASTN Award for Outstanding Achievement  
in Transport Nursing Aotearoa  
Leading in Care, Soaring in Practice***



***Lynette presenting the award to Kelvin***

This year's recipient of the COASTN Award is **Kelvin Still**. Below is the nomination sent in by his manager, Jackie Hardy.

Kelvin has had a very long career with flight, initially joining the New Zealand Airforce in 1983, he later trained as a nurse in 1998 and joined the Hawkes Bay Flight Team in 2001.

He has worked in a variety of roles and environments, from an armourer, paramedic, Duty Nurse Manager, Clinical Resource Nurse, ICU nurse and then to the pinnacle of his career as a Flight Nurse. Deployed to Iraq and East Timor as a civilian, several overseas contracts as a Registered nurse and then locked down due to COVID.

He was part of the team that responded to Christchurch on the night of the earthquake and doing the first double ventilated transport in the B200 PLK. He also went to Whakatane on the night of the White Island eruption and being involved with taking the last 2 patients out of their ED and transporting to Christchurch. He has also worked for NZAAS doing international retrievals.

Kelvin has been instrumental in the development of our bariatric policy, for a long time Hawkes Bay was the only aircraft that had a cargo door that would take the larger patients. Kelvin was also known as Mr Muscle, ending up with a lot of bariatric patients and in one case transferring 516kg / 3 patients in one mission. He is always coming up with new ideas and quality improvements for the flight service. He has been heavily involved with education not only for the flight nurses but also the Registrars and Anaesthetic Techs.

He has been a long-standing member of COASTN and a previous committee member, he has always had a commitment to ensuring that flights are done safely and the patient experience is as comfortable and enjoyable as it can be. He has flown 1357 missions, totalling 2374 hrs and 35 minutes, over 3115 sectors and 2654 patients.

He is an impressive and enthusiastic team player, consummate professional, font of knowledge for flight, a gentleman. He will never hesitate to help his colleagues when and as needed, and surprisingly and strangely enough he genuinely loves his work!

# Pilot the Cat – Nikki from Life Flight

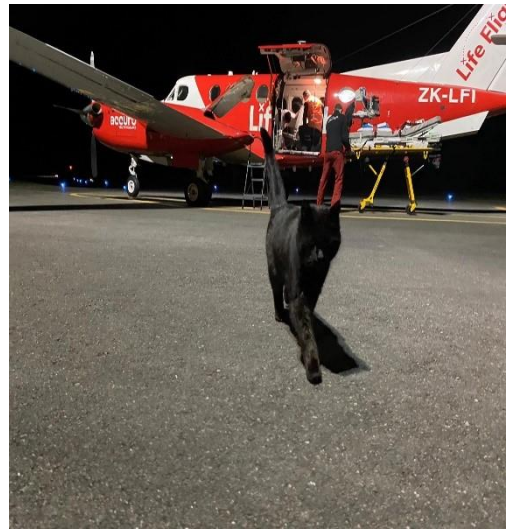
I'm not generally a cat person. The only two cats I have time for are my neighbours Burmese cat, who stalks around like he owns the place and is next minute just as likely to bite you and...Pilot.

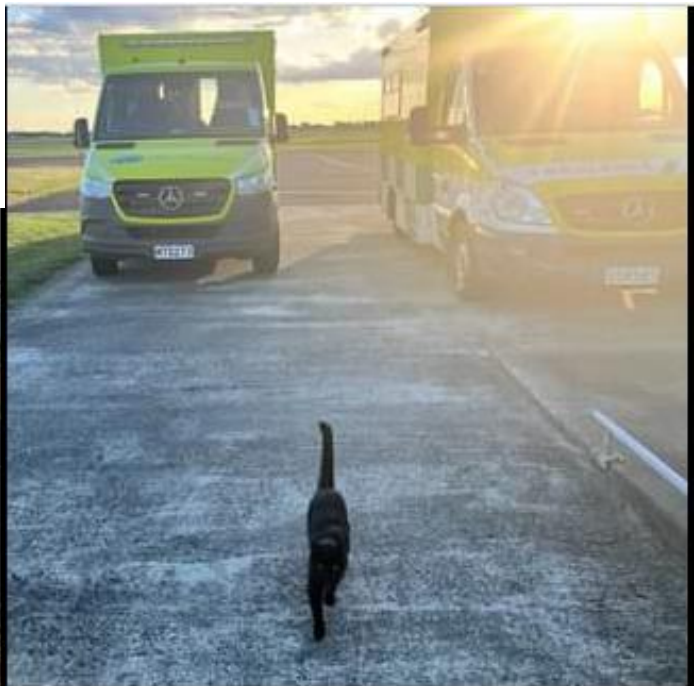
Pilot is the beloved cat that is synonymous with Hood Aerodrome. Air centre One – Tim Tams...Hood Aerodrome Pilot, you know what I mean. Even one of our new UK Doctors was very amused by the size of Masterton Airport and the fact that a fluffy black cat came out to greet you!

Anecdotally (and I may be making this up) Pilot started coming to greet the planes when the Ansett Pilots (who used to do a domestic run to Masterton) started feeding her. A tradition possibly carried on by Life Flight at least. She had been faithfully trotting out to greet medical retrieval aircraft ever since.

Pilot went missing around the middle of October. No one has seen her since, the Wellington team are very upset. We presume she has passed away but her blue blankie is still reputedly in the terminal awaiting her return. All the best Pilot xox

Pilot is missing from Hood Aerodrome. If anyone finds her please message me. Sorry I don't have a better photo. Last seen on Saturday night when she welcomed Life Flight back





❤ Pilot

## Te reo Māori

COASTN would like to encourage you to incorporate te reo into your everyday. Try using some of these simple words/phrases at work and home.

**Meri Kirihimete – Merry Christmas**

**Ngā mihi o te tau hou – Happy New Year, greetings for the New Year**

**Hana Kōkō – Santa Claus**

**Koha – Gift, Present**

**Whakaaio - Peace**

**Raumati - Summer**

**Haratei - Holiday**

**Kame – To eat**

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Leave for  
#Aeromed24**

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## COASTN Committee 2023



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Tania Parr and Annie Bradley-Ingle

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